

Center for Sleep Medicine  
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New York, NY 10065  
[weillcornell.org/services/neurology](http://weillcornell.org/services/neurology)  
646.962.7378 (REST)  
646.962.0455 (fax)

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**INSTRUCTIONS TO REFERRING CLINICIANS:** Please check the services requested and return by **fax to 646-962-0455**. The Weill Cornell Medicine Center for Sleep Medicine will contact the patient to schedule the tests you have ordered.

**PLEASE SEND THE MOST RECENT ENCOUNTER NOTE WITH THIS REQUISITION FORM.**

**URGENT SLEEP STUDY: Reason:** \_\_\_\_\_

Baseline Sleep Study

Special montage:    Positional Belt    Dental Appliance

# **PATIENT INSTRUCTIONS**

**Please read and understand the following information prior to your scheduled appointment.**

## **UNDERSTANDING A SLEEP STUDY**

A sleep study is an overnight evaluation also called polysomnography,